

**Stafford County Public Schools  
School Health Advisory Committee 2005-2006**

**Members:**

Danielle Nelson – Aquia District
Ann Cowper-Falmouth District
Mary Ann T. Wall-George Washington District
Carrie Tyer-Garrisonville District
Jean Hoppe-Griffis-Widewater District
Barbara St. Martin-Hartwood District
Vanessa Akin-Health Dept. Nurse

**Staff Appointments**

Carol Lysher-Health and Physical Education Coordinator
Carol Dexter-Safe and Drug-Free Schools Counselor
Kathy Whitby-Nurse Manager
Mary Anne Spinella-Supervisor of Student Services and Assessment Facilitator
Doreen Phillips-School Board Liaison

**Stafford County Public Schools  
School Health Advisory Committee 2005-2006**

Stafford County's School Health Advisory Committee is an advisory group composed of individuals from the school and local community committed to creating healthy school environments so students may realize their learning potential.

The committee addressed topics in the following areas this past year: health services, health education instruction, healthy/safe environment, physical education, food services, counseling, staff wellness, and parent/community involvement.

This committee greatly appreciates the support of the School Board in their efforts to phase in a 3-year increase to the nurse's salary.

The following are recommendations set forth by the committee for consideration by the School Board.

1. Support student health as the division continues to implement the Healthy Snack and Beverage Initiative.
2. Hire a Counselor Coordinator to supervise and provide leadership in the ongoing implementation of the division-wide school counseling program.
3. Support a division-wide bullying policy as well as preventative measures (staff training, student and parent awareness) and intervention/investigative procedures.
4. Ensure that every student and school employee spend their days in an environmentally safe and healthy school.